

PRE-K November 2026

OFFERED DAILY:

1% White Milk

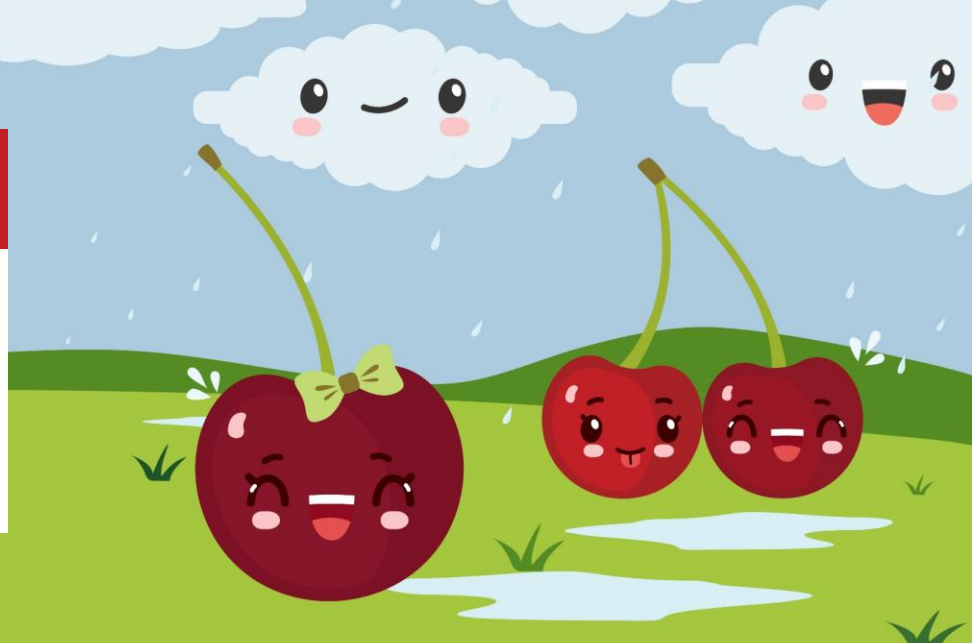
¼ Cup of Fruit & Vegetables



ACE'S CORNER



Gluten Free



Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheerios Apple Slices GF Chicken Tenders Cooked Carrots Fruit Mix	3 Lucky Charms Apple Juice PBJ on GF Bread Celery Pears	4 Blueberry Chex Applesauce Grilled Chicken Sandwich on GF Bun Baked Beans Peaches	5 Kix Banana Half Cheeseburger on GF Bun Spiral Fries Applesauce	6 Golden Grahams Apple Juice Beef Tacos on Corn Tortilla Shell Tossed Salad Apple Crisps
9 Golden Grahams Apple Slices Turkey & Cheese on GF Bread Celery Fruit Mix	10 Cinnamon Toast Crunch Fruit Juice Cheeseburger on GF Bun Refried Beans Pears	11 Kix Applesauce Hot Dog on GF Bun Red Peppers Peaches	12 Cheerios Banana Half GF Chicken Tenders Spiral Fries Applesauce	13 Lucky Charms Apple Juice PBJ on GF Bread Tossed Salad Apple Slices
16 Lucky Charms Apple Slices Beef Tacos on Corn Tortilla Shell Baked Beans Fruit Mix	17 Kix Fruit Juice Grilled Chicken Sandwich on GF Bun Cooked Carrots Pears	18 Cinnamon Toast Crunch Applesauce Cheeseburger on GF Bun Crinkle Fries Peaches	19 Cinnamon Chex Banana Half Grilled Cheese on GF Bread Celery Applesauce	20 Cheerios Apple Juice PBJ on GF Bread Tossed Salad Apple Crisps
23 Blueberry Chex Apple Slices Cheeseburger on GF Bun Baked Beans Fruit Mix	24 Kix Fruit Juice PBJ on GF Bun Celery Pears	25 No School	26 No School	27 No School
30 Golden Grahams Apple Slices Beef Tacos on Corn Tortilla Shell Celery Fruit Mix				

PIE IN THE SKY

Cherries are known as drupes or stone fruits, like nectarines and peaches, and are high in antioxidants. There are more than 500 varieties of sweet cherries (*Prunus Avium*), and almost as many tart ones (*Prunus Cerasus*); though only a small percentage—around 20 or so altogether—are sold commercially. A typical cherry tree produces 7,000 cherries, that can be harvested in seven seconds using a mechanical tree shaker. The state of Washington grows an estimated 62 percent of the United States' sweet cherries, which are great summer snacks. Michigan, meanwhile, grows well over half of the country's tart cherries, which are mostly used for cooking.

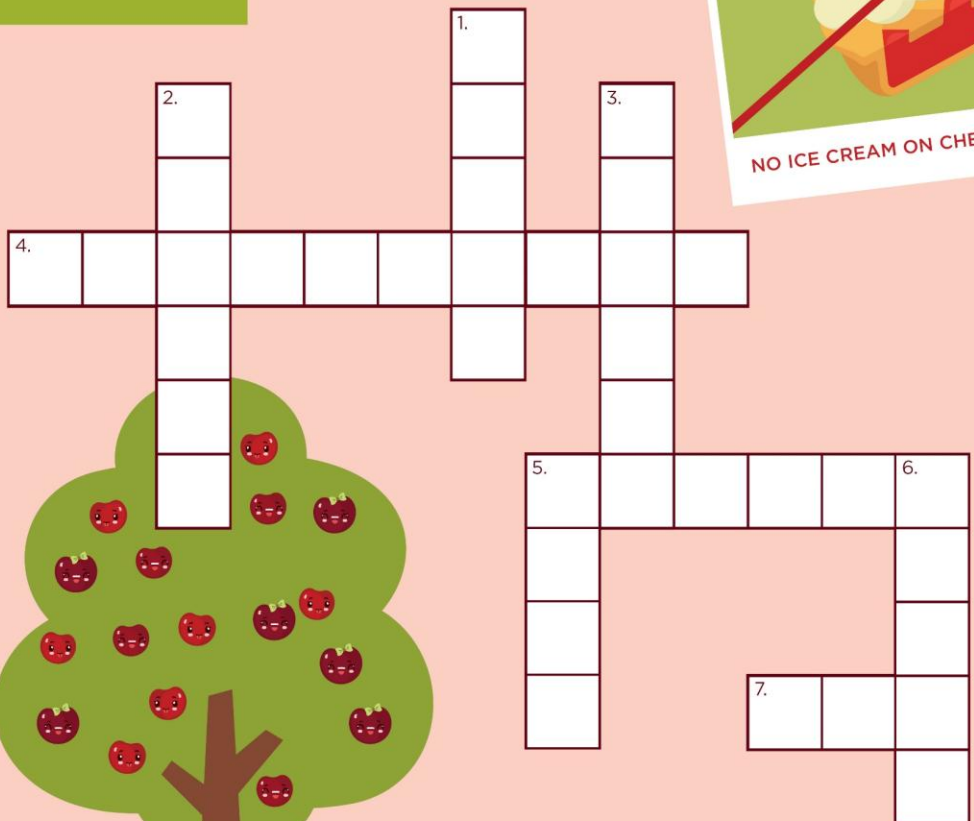
ACTIVITY: CROSSWORD PUZZLE

ACROSS

4. Door County, Wisconsin's nickname, earned by its production of 95% of the nation's tart cherries
5. State that once prohibited ice cream be served on cherry pie
7. Cherries, apples, and blueberries make great filling for this dessert

DOWN

1. Fruit often bobbed for in the fall and rumored to help keep the doctor away
2. Type of tree George Washington was rumored to have chopped down in his youth
3. A monkey's favorite fruit
5. Tropical fruit that shares its name with a flightless bird—this fruit is green on the inside, with a brown and fuzzy outside
6. The number of seconds it takes to harvest a cherry tree using special machinery



DID YOU KNOW?

FOLLOW THE CHERRY TREE ROAD

Cherries were part of the Roman soldiers' rations, and as they traveled, the pits they discarded became the trees that bloomed throughout the empire. There was a saying that to find the old Roman roads, all one had to do was follow the wild cherry trees



ACE'S JOKE OF THE MONTH

WHY ARE CHOCOLATE-COVERED CHERRIES THE PERFECT DINNER PARTY HOSTS?

SEE ANSWER BELOW

